

SUMMARY

During the month of July 2026, total monthly household spending in **nominal**, **seasonally adjusted** terms:

- rose by 0.7% in South Australia to be 6.9% higher than a year earlier.
- rose by 1.1% in Australia to be 7.0% higher than a year earlier.

FURTHER DETAILS

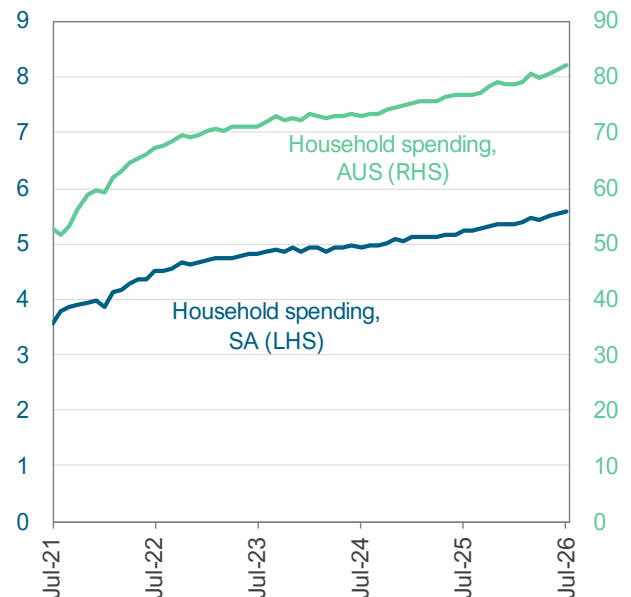
The 0.7% rise in household spending in South Australia in the month of July follows a rise of 0.6% in the previous month.

The Northern Territory recorded the strongest rise in the month (up 2.2%), followed by Western Australia (up 1.5%), Victoria (up 1.3%), Tasmania and the Australian Capital Territory (both up 1.2%), Queensland (up 1.1%), and New South Wales and South Australia (both up 0.7%) — see Table 1.

Table 1: **Monthly Household Spending**
(nominal, seas. adj.)

	Jul 26 (\$m)	Jul 26 v Jun 26 (% change)	Jul 26 v Jul 25 (% change)
NSW	25,831.0	0.7	6.4
VIC	19,893.8	1.3	6.2
QLD	17,069.5	1.1	6.9
SA	5,581.6	0.7	6.9
WA	9,772.6	1.5	9.9
TAS	1,747.9	1.2	8.7
NT	937.2	2.2	10.6
ACT	1,504.6	1.2	6.6
AUS	82,338.3	1.1	7.0

Chart 1: **Monthly Household Spending**
(\$b, nominal, seas. adj.)



Through the year to July 2026, the largest contributors to growth in South Australian household spending were Recreation and culture (up 11%), Hotels, cafes and restaurants (up 7.4%), and Transport (up 5.9%) — see Table 2.

Table 2: **Through Year Household Spending**
Growth by Category
(nominal, seas. adj.)

	% change		p.p. contribution	
	SA	AUS	SA	AUS
Food	5.5	6.5	0.9	1.0
Alcohol & tobacco	1.1	2.7	0.0	0.1
Clothing & footwear	8.1	6.7	0.3	0.4
Furnishings & household equip.	5.3	5.6	0.4	0.4
Health	6.1	5.0	0.7	0.6
Transport	5.9	8.5	1.0	1.4
Rec. & culture	11.3	9.7	1.9	1.6
Hotels, cafes & restaurants	7.4	5.9	1.1	0.8
Misc. goods & services	7.1	7.4	0.7	0.7
Total	6.9	7.0	6.9	7.0

The contribution of each category to growth reflects the growth for that category, as well as its share of total spending.

This brief covers nominal data, published monthly. In addition, real (chain volume) data is published on a quarterly basis, but is not included in this release.

The next release of the *ABS Household Spending Indicator* is 29 September 2026.